


Friendship House of Crystal Lake April 2024 Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	Thursday	Friday
1 Rice Krispies Pears Milk	2 French Toast Bananas Milk	3 Banana Bread Peaches Milk	4 Pancakes Applesauce Milk	5 Rice Crispies Orange Slices Milk
8 Bagel w/ Strawberry Cream Cheese Orange Slices/Milk	9 Rice Krispies Applesauce Milk	10 Apple Cinnamon Muf- fin Banana Milk	11 Yogurt and Granola Peaches Milk	12 French Toast Pears Milk
15 Blueberry Muffin Orange Slices Milk	16 Rice Crispies Pineapple Milk	17 Pancakes Peaches Milk	18 Bagel w/ Strawberry Cream Cheese Orange Slices Milk	19 Waffles Pears Milk
22 Rice Krispies Orange Slices Milk	23 Banana Bread Peaches Milk	24 French Toast Pears Milk	25 Waffles Peaches Milk	26 Bagel & Cream Cheese Orange Slices Milk
29 Rice Krispies Pears Milk	30 French Toast Bananas Milk			

Infants 12month-Toddlers 24month-Unflavored Milk- Children older than 24 months offered 1% milk

Friendship House of Crystal Lake April 2024 Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	Thursday	Friday
1 Tacos w/ Lettuce & Cheese, ground turkey Soft shell/Taco Sauce Pineapple/Cucumber Milk	2 Ham and Cheese Sandwiches Chicken Rice Soup Broccoli/Carrots Bananas/Milk	3 Broccoli Parmesan Noodles/Mozzerella Stick Salad Oranges/Milk	4 Meatball Sandwich Peas/Cucumbers Tropical Fruit Milk	5 Fish Treats !1/2 Slice Wheat Bread Mashed Potatoes Peas Pears/Milk
8 Chicken on a Bun Sweet Potato Fries Salad Tropical Fruit Milk	9 Turkey & Cheese Sandwich Tomato Soup Broccoli/Carrots Melon/Milk	10 Macaroni and Cheese Peaches Peas/Salad Milk	11 Hamburger on a Bun Regular Fries Corn on the Cob Pears/Milk	12 Cowboy Pie Slice of American Cheese Green Beans/Salad Pineapple Milk
15 Egg and Cheese Omelet Tater Tots Green Beans/Carrots Pears/Milk	16 Ham and Cheese Sandwiches Chicken Noodle Soup Cucumber/Carrots Oranges/Milk	17 Hot Dog on a Bun Sweet Potato Fries Salad Melon Milk	18 Macaroni & Cheese Peaches/Hard Boiled Egg Peas/Cucumber Milk	19 Pizza Salad/Green beans Oranges Milk
22 Fish Filet 1/2 Slice Wheat Bread Mashed Potatoes Carrots Tropical Fruit Milk	23 Turkey & Cheese Sandwich Tomato Soup/Oranges Carrots/Peas Milk	24 Chicken Alfredo Salad/Green beans Oranges Milk	25 Sloppy Joe on a Bun Sweet Potato Fries Green Beans Pineapple Milk	26 Egg and Bacon Pizza Tator Tots Broccoli Peaches Milk
29 Tacos w/ Lettuce & Cheese, ground turkey Soft shell/Taco Sauce Pineapple/Cucumber Milk	30 Ham and Cheese Sandwiches Chicken Rice Soup Broccoli/Carrots Bananas/Milk	UNFLAVORED MILK SERVED		

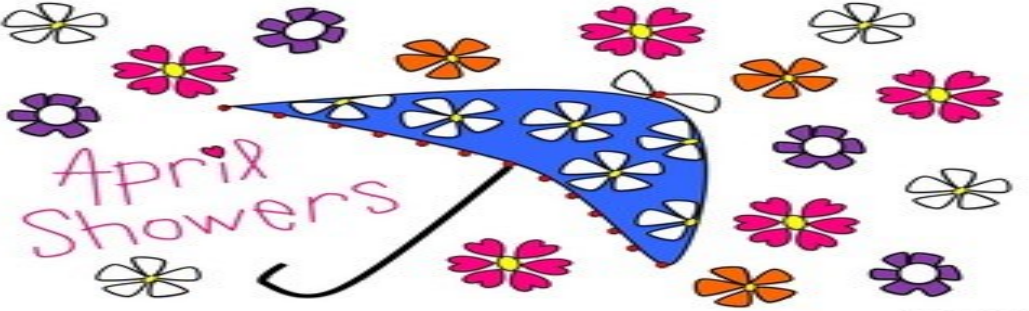
Friendship House of Crystal Lake Apr. 2024

Infant, Toddler, 2 year old Menu

MONDAY	TUESDAY	WEDNESDAY	Thursday	Friday
1 Tacos w/ Lettuce & Cheese, ground turkey Soft shell/Taco Sauce Pineapple/Cucumber Milk	2 Ham and Cheese Sandwich Chicken Rice Soup Carrots/Bananas Milk	3 Broccoli Parmesan Noodles Mozzerella Stick Salad Oranges/Milk	4 Meatball Sandwich Peas Tropical Fruit Milk	5 Fish Treats 1/2 slice wheat bread Mashed Potatoes Peas Pears/Milk
8 Chicken on a Bun Sweet Potato Fries Salad Tropical Fruit Milk	9 Turkey & Cheese Sandwich Tomato Soup Broccoli/Carrots Melon/Milk	10 Macaroni and Cheese Peaches Peas Milk	11 Hamburger on a Bun Regular Fries Corn on the Cob Pears/Milk	12 Cowboy Pie Slice of American Cheese Green Beans Pineapple Milk
15 Egg and Cheese Omelet Tater Tots Green Beans/Carrots Pears/Milk	16 Ham and Cheese Sandwiches Chicken Noodle Soup Cucumber/Carrots Oranges/Milk	17 Hamburger on a Bun Sweet Potato Fries Salad Melon Milk	18 Macaroni & Cheese Peas Peaches/Hard Boiled Egg Milk	19 Pizza Green beans Oranges Milk
22 Fish Filet\Mashed Potatoes Carrots 1/2 slice of wheat bread Tropical Fruit/Milk	23 Turkey & Cheese Sandwich Tomato Soup/orange Carrots/Peas Milk	24 Chicken Alfredo Salad/Green beans Oranges Milk	25 Sloppy Joe on a Bun Sweet Potato Fries Green Beans Pineapple/Milk	26 Egg and Bacon Pizza Tator Tots Broccoli Peaches Milk
29 Tacos w/ Lettuce & Cheese, ground turkey Soft shell/Taco Sauce Pineapple/Cucumber Milk	30 Ham and Cheese Sandwich Chicken Rice Soup Carrots/Bananas Milk	UNFLAVORED MILK SERVED		



Friendship House of Crystal Lake Apr. 2024 Snack Menu

MONDAY	TUESDAY	WEDNESDAY	Thursday	Friday
1 Wheat Cracker String Cheese	2 Teddy Grahams Milk	3 Cinnamon Ap- plesauce Granola	4 Animal Crackers Milk	5 Ritz Crackers String Cheese
8 Pretzels Cheese Slice	9 Teddy Grahams Milk	10 Apple Slices Sunbutter	11 Chips Salsa	12 Cinnamon Ap- plesauce Granola
15 Yogurt Graham Crackers	16 Goldfish Crackers Pear Slices	17 Ritz Crackers Cheese Slice	18 Wheat Cracker Cheese Slice	19 Teddy Grahams Milk
22 Animal Crackers Milk	23 Yogurt Graham Crackers	24 Pretzel Stick Cheese Slice	25 Apple Slices Sunbutter	26 Animal Crackers Milk
29 Wheat Cracker String Cheese	30 Teddy Grahams Milk			

Infants 12month-Toddlers 24month Unflavored Milk- Children older than 24 months offered 1% milk