

Friendship House of Crystal Lake

October 2025 Infant, Toddler, Two-Year Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Macaroni & Cheese Carrots & Peas Pears Milk	2 Chicken Patty on a Bun Regular Fries Cucumbers/Applesauce Milk	3 Pizza Cucumbers Peaches Milk
6 Sloppy Joe on a Bun Sweet Potato Fries Cooked Broccoli Pineapple Milk	7 Turkey & Cheese Sandwich Chicken Rice Soup Peas/Pears Milk	8 Cheese Ravioli w/Red Sauce Wheat Bread Green Beans Grapes/Milk	9 Fish Filet Mashed Potatoes Cooked Carrots Applesauce Milk	10 Hot Dog on a Bun Waffle Fries Mixed Vegetables Tropical Fruit Milk
13 French Toast Breakfast Sausage Sweet Peppers Pears Milk	14 Ham & Cheese Sandwich Tomato Soup Cooked Broccoli Pineapple/Milk	15 Rotini Noodles w/Red Sauce Mozzerella Stick Peaches/GreenBeans Milk	16 Grilled Chicken Filet Mashed Potatoes Carrots & Peas Cantaloupe Milk	17 Hamburger on a Bun Sweet Potato Fries Peas Applesauce Milk
20 Soft shell Tacos with cheese & lettuce Pineapple Milk	21 Chicken & Cheese Sandwich Chicken Noodle Soup/Carrots/Grapes Milk	22 Cheese Tortellini Green Beans Peaches Milk	23 Egg & Cheese Omelet ½ Slice of Bread Mixed Vegetables Tropical Fruit Milk	24 Chicken Nuggets Mashed Potatoes Cooked Broccoli Apples Milk
27 Meatball Sandwich Green Beans Pineapple Milk	28 Sun Butter & Jelly Sandwich Tomato Soup Peas/Apples Milk	29 Macaroni & Cheese Carrots & Peas Pears Milk	30 Chicken Patty on a Bun Regular Fries Cucumbers/Applesauce Milk	31 Pizza Cucumbers Peaches Milk

Infants 12 month – Toddlers 24 month – Unflavored Whole Milk
Children older than 24 months offered 1% Milk

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October 2025 Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Apple Cinnamon Muffin Cuties Milk	2 Waffles Cantaloupe Milk	3 Corn Flakes Oranges Slices Milk
6 Cereal Bar Milk	7 Toasted Oats Cantaloupe	8 Banana Bread Orange Slices Milk	9 Bagel w/Cream Cheese Peaches	10 Rice Krispies Apples Milk
13 Yogurt & Granola Berries Milk	14 Toasted Oats Banana Milk	15 Apple Cinnamon Muffin Cuties Milk	16 Waffles Applesauce Milk	17 Corn Flakes Banana Milk
20 Pancakes Applesauce Milk	21 Toasted Oats Oranges Slices Milk	22 Blueberry Muffin Pears Milk	23 Bagel w/Cream Cheese Peaches Milk	24 Rice Krispies Apples Milk
27 French Toast Pears Milk	28 Toasted Oats Cantaloupe Milk	29 Banana Bread Banana Milk	30 Cinnamon Toast Orange Slices Milk	31 Corn Flakes Grapes/Banana Milk

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October 2025 Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Macaroni & Cheese Carrots & Peas Pears Milk	2 Chicken Patty on a Bun Regular Fries Cucumbers/Applesauce Milk	3 Pizza Salad Peaches Milk
6 Sloppy Joe on a Bun Sweet Potato Fries Corn Pineapple Milk	7 Turkey & Cheese Sandwich Chicken Rice Soup Peas/Pears Milk	8 Cheese Ravioli w/Red Sauce Wheat Bread Green Beans Grapes/Milk	9 Fish Filet Mashed Potatoes Cooked Carrots Applesauce Milk	10 Hot Dog on a Bun Waffle Fries Mixed Vegetables Tropical Fruit Milk
13 French Toast Breakfast Sausage Sweet Peppers Pears Milk	14 Ham & Cheese Sandwich Tomato Soup Cooked Broccoli Pineapple/Milk	15 Rotini Noodles w/Red Sauce Mozzerella Stick Peaches/GreenBeans Milk	16 Grilled Chicken Filet Mashed Potatoes Carrots & Peas Cantaloupe Milk	17 Hamburger on a Bun Sweet Potato Fries Peas Applesauce Milk
20 Soft shell Tacos with cheese & lettuce Pineapple Milk	21 Chicken & Cheese Sandwich Chicken Noodle Soup/Corn/Grapes Milk	22 Cheese Tortellini Green Beans Peaches Milk	23 Egg & Cheese Omelet ½ Slice of Bread Mixed Vegetables Tropical Fruit Milk	24 Chicken Nuggets Mashed Potatoes Cooked Broccoli Apples Milk
27 Meatball Sandwich Green Beans Pineapple Milk	28 Sun Butter & Jelly Sandwich Tomato Soup Peas/Apples Milk	29 Macaroni & Cheese Carrots & Peas Pears Milk	30 Chicken Patty on a Bun Regular Fries Cucumbers/Applesauce Milk	31 Pizza Salad Peaches Milk

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October 2025 Snack Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Ritz Crackers Fruit Snack	2 Go-gurt (yogurt) Vanilla Wafers	3 Pretzel Sticks Cheese Slice
6 Pudding Cup Wheat Cracker	7 Popcorn Cheese Stick	8 Graham Crackers Milk	9 Cheese Crackers Cucumbers	10 Tortilla Chips Salsa
13 Ritz Crackers Fruit Snack	14 Veggie Straws Carrots	15 Chex Mix Milk	16 Cucumber Ranch	17 Animal Crackers Milk
20 Pretzel Sticks String Cheese	21 Go-gurt (yogurt) Vanilla Wafers	22 Pudding Cup Graham Crackers	23 Apples Sun Butter	24 Goldfish Cucumbers
27 Multi-Grain Crackers Cheese Slice	28 Carrots Ranch	29 Ritz Crackers Fruit Snack	30 Go-gurt (yogurt) Vanilla Wafers	31 Pretzel Sticks Cheese Slice

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 Children older than 24 months offered 1% Milk