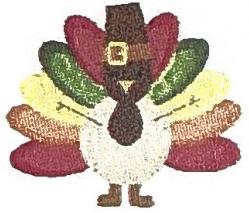
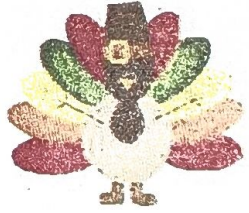


Friendship House of Crystal Lake

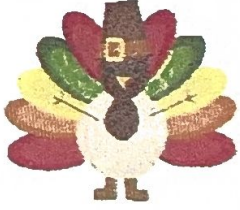
November 2025 Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Cereal Bar Peaches Milk	4 Toasted Oats Cantaloupe Milk	5 Apple Cinnamon Muffin Orange Slices Milk	6 Waffles Tropical Fruit Milk	7 Rice Krispies Apples Milk
10 Yogurt & Granola Berries Milk	11 Toasted Oats Banana Milk	12 Blueberry Muffin Tropical Fruit Milk	13 Bagel w/Cream Cheese Apples Milk	14 Corn Flakes Cuties Milk
17 Pancakes Grapes/Berries Milk	18 Toasted Oats Oranges Slices Milk	19 Banana Bread Pears Milk	20 Cinnamon Toast Banana Milk	21 Rice Krispies Cantaloupe Milk
24 French Toast Pears Milk	25 Toasted Oats Orange Slices Milk	26 Apple Cinnamon Muffin Banana Milk	No School Happy Thanksgiving!	No School Thanksgiving Break
				

Infants 12 month – Toddlers 24 month – Unflavored Whole Milk
 Children older than 24 months offered 1% Milk

Friendship House of Crystal Lake

November 2025 Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Sloppy Joe on a Bun Sweet Potato Fries Corn Pineapple Milk	4 Turkey & Cheese Sandwich Chicken Rice Soup Peas/Pears Milk	5 Cheese Ravioli w/Red Sauce Wheat Bread Green Beans Grapes/Milk	6 Fish Filet Mashed Potatoes Cooked Carrots Applesauce Milk	7 Hot Dog on a Bun Waffle Fries Mixed Vegetables Banana Milk
10 French Toast Breakfast Sausage Sweet Peppers Pears Milk	11 Ham & Cheese Sandwich Tomato Soup Cooked Broccoli Pineapple/Milk	12 Rotini Noodles w/Red Sauce Mozzerella Stick Peaches/GreenBeans Milk	13 Grilled Chicken Filet Mashed Potatoes Carrots & Peas Cantaloupe Milk	14 Hamburger on a Bun Sweet Potato Fries Peas Applesauce Milk
17 Soft shell Tacos with cheese & lettuce Pineapple Milk	18 Chicken & Cheese Sandwich Chicken Noodle Soup/Corn/Grapes Milk	19 Cheese Tortellini Green Beans Peaches Milk	20 Egg & Cheese Omelet ½ Slice of Bread Mixed Vegetables Tropical Fruit Milk	21 Chicken Nuggets Mashed Potatoes Cooked Broccoli Apples Milk
24 Meatball Sandwich Green Beans Pineapple Milk	25 Sun Butter & Jelly Sandwich Tomato Soup Peas/Applesauce Milk	26 Macaroni & Cheese Carrots & Peas Peaches Milk	No School Happy Thanksgiving!	No School Thanksgiving Break
				

Infants 12 month – Toddlers 24 month – Unflavored Whole Milk
Children older than 24 months offered 1% Milk

Friendship House of Crystal Lake

November 2025 Snack Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Pudding Cup Wheat Cracker	4 Popcorn Cheese Stick	5 Graham Crackers Milk	6 Cheese Crackers Cucumbers	7 Tortilla Chips Salsa
10 Ritz Crackers Fruit Snack	11 Veggie Straws Carrots	12 Chex Mix Milk	13 Cucumber Ranch	14 Animal Crackers Milk
17 Apples Sun Butter	18 Go-gurt (yogurt) Vanilla Wafers	19 Pudding Cup Graham Crackers	20 Pretzel Sticks String Cheese	21 Goldfish Cucumbers
24 Multi-Grain Crackers Cheese Slice	25 Carrots Ranch	26 Ritz Crackers Fruit Snack	No School Happy Thanksgiving!	No School Thanksgiving Break
				

Infants 12 month – Toddlers 24 month – Unflavored Whole Milk
 Children older than 24 months offered 1% Milk