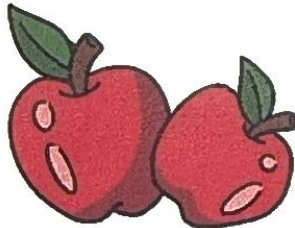
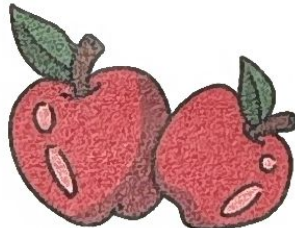
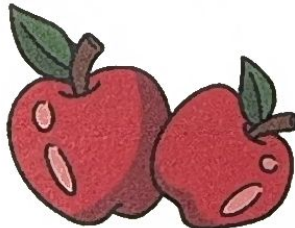


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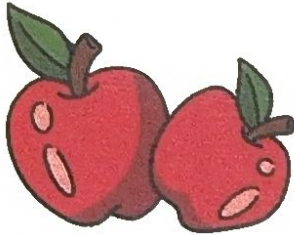
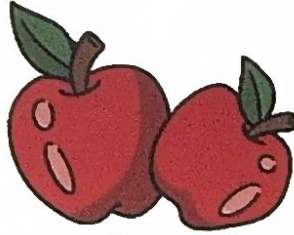
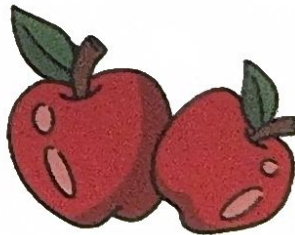
September 2026 Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Toasted Oats Banana Milk	2 English Muffin w/Jelly Applesauce Milk	3 Cinnamon Toast Pears Milk	4 Corn Flakes Orange Slices Milk
7 NO SCHOOL LABOR DAY HOLIDAY	8 Toasted Oats Apples Milk	9 Apple Cinnamon Muffin Grapes Milk	10 Waffles Pears Milk	11 Rice Krispies Applesauce Milk
14 Cinnamon Toast Apples Milk	15 Toasted Oats Orange Slices Milk	16 Blueberry Muffin Tropical Fruit Milk	17 Bagel w/Cream Cheese Pears Milk	18 Corn Flakes Grapes Milk
21 Cereal Bar Banana Milk	22 Toasted Oats Orange Slices Milk	23 Banana Bread Pears Milk	24 Pancakes Tropical Fruit Milk	25 Rice Krispies Apples Milk
28 Yogurt & Granola Berries Milk	29 Toasted Oats Banana Milk	30 English Muffin w/Jelly Applesauce Milk		

Infants 12 month – Toddlers 24 month – Unflavored Whole Milk
 Children older than 24 months offered 1% Milk

Friendship House of Crystal Lake

September 2026 Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Chicken & Cheese Sandwich Chicken Noodle Soup/Peas Peaches/Milk	2 Cheese Tortellini w/Red Sauce Green Beans Pineapple Milk	3 Turkey & Cheese Sandwich Cooked Carrots Watermelon Milk	4 Chicken Nuggets Regular Fries Mixed Vegetables Applesauce Milk
7 Pizza Salad Pears Milk	8 Fish Filet Regular Fries Carrots & Peas Orange Slices Milk	9 Rotini Noodles w/Red Sauce String Cheese Peaches/Peas Milk	10 Sun Butter & Jelly Sandwich Chicken Noodle Soup Pineapple Milk	11 Chicken Nuggets Green Beans Cantaloupe Milk
14 Ham & Cheese Sandwich Tomato Soup Carrots & Peas Pears/Milk	15 Soft shell Tacos with cheese & lettuce Peaches Milk	16 Cheese Ravioli w/Red Sauce Green Beans Banana Milk	17 Hot Dog on a Bun Corn Cantaloupe Milk	18 Chicken Nuggets Carrots & Peas Applesauce Milk
21 Turkey & Cheese Sandwich Chicken Noodle Soup Pineapple Milk	22 Meatball Sandwich Green Beans Pears Milk	23 Macaroni & Cheese Carrots & Peas Peaches Milk	24 Egg & Cheese Omelet ½ Slice of Bread Peas Applesauce Milk	25 Chicken Nuggets Regular Fries Mixed Vegetables Orange Slices Milk
28 Hamburger on Bun Cucumber Pears Milk	29 Chicken & Cheese Sandwich Tomato Soup/Peas Peaches/Milk	30 Cheese Tortellini w/Red Sauce Green Beans Pineapple Milk		

Infants 12 month – Toddlers 24 month – Unflavored Whole Milk
Children older than 24 months offered 1% Milk

Friendship House of Crystal Lake

September 2026 Snack Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Animal Crackers Milk	2 Ritz Crackers Fruit Snack Fruit Cup - BT	3 Go-gurt (yogurt) Vanilla Wafers	4 Tortilla Chips Salsa
7 NO SCHOOL LABOR DAY HOLIDAY	8 Popcorn Cheese Slice	9 Graham Crackers Milk	10 Cheese Crackers Cucumbers	11 Pretzel Sticks String Cheese Cheese Slice (BT)
14 Ritz Crackers Fruit Snack Fruit Cup (BT)	15 Veggie Straws Cheese Slice	16 Tortilla Chips Salsa	17 Go-gurt (yogurt) Vanilla Wafers	18 Animal Crackers Milk
21 Apples Sun Butter (Applesauce-BigTop)	22 Carrots Cucumbers (BT/SB/B) Ranch	23 Goldfish Milk	24 Saltine Crackers String Cheese	25 Pudding Cup Graham Crackers
28 Veggie Straws Cheese Slice	29 Animal Crackers Milk	30 Ritz Crackers Fruit Snack Fruit Cup - BT		

Infants 12 month – Toddlers 24 month – Unflavored Whole Milk
 Children older than 24 months offered 1% Milk