

clubhouse

Friendship House of Crystal Lake March 2026 Breakfast Menu




MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Yogurt & Granola Blueberries Milk	3 Toasted Oats Banana Milk	4 Blueberry Muffin Tropical Fruit Milk	5 Bagel w/Cream Cheese Apples Milk	6 Corn Flakes Cuties Milk
9 English Muffin w/Jelly Applesauce Milk	10 Toasted Oats Oranges Slices Milk	11 Banana Bread Pears Milk	12 Pancakes Banana Milk	13 Rice Krispies Grapes Milk
16 Cereal Bar Peaches Milk	17 Toasted Oats Banana Milk	18 Cinnamon Toast Apples Milk	19 French Toast Pears Milk	20 Corn Flakes Orange Slices Milk
23 Yogurt & Granola Berries Milk	24 Toasted Oats Apples Milk	25 Apple Cinnamon Muffin Orange Slices Milk	26 Waffles Tropical Fruit Milk	27 Rice Krispies Apples Milk
30 English Muffin w/Jelly Applesauce Milk	31 Toasted Oats Orange Slices Milk			

Infants 12 month – Toddlers 24 month – Unflavored Whole Milk
Children older than 24 months offered 1% Milk

Sandbox

Friendship House of Crystal Lake




March 2026 Breakfast Menu Infant, Toddler, Two-Year Old

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Yogurt & Granola Blueberries Milk	3 Toasted Oats Banana Milk	4 Blueberry Muffin Tropical Fruit Milk	5 Bagel w/Cream Cheese Apples Applesauce – Big Top Milk	6 Corn Flakes Cuties Milk
9 English Muffin w/Jelly Applesauce Milk	10 Toasted Oats Oranges Slices Milk	11 Banana Bread Pears Milk	12 Pancakes Banana Milk	13 Rice Krispies Banana - BT Milk
16 Cereal Bar Peaches Milk	17 Toasted Oats Banana Milk	18 Cinnamon Toast Apples Applesauce - Big Top Milk	19 French Toast Pears Milk	20 Corn Flakes Orange Slices Milk
23 Yogurt & Granola Berries Milk	24 Toasted Oats Apples Applesauce- Big Top Milk	25 Apple Cinnamon Muffin Orange Slices Milk	26 Waffles Tropical Fruit Milk	27 Rice Krispies Apples Applesauce - Big Top Milk
30 English Muffin w/Jelly Applesauce Milk	31 Toasted Oats Orange Slices Milk			

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Friendship House of Crystal Lake




March 2026 Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 French Toast Breakfast Sausage Sweet Peppers Pears Milk	3 Ham & Cheese Sandwich Tomato Soup Cooked Broccoli Pineapple/Milk	4 Rotini Noodles w/Red Sauce Mozzerella Stick Peaches/GreenBeans Milk	5 Grilled Chicken Filet Mashed Potatoes Carrots & Peas Orange Slices Milk	6 Hamburger on a Bun Sweet Potato Fries Peas Applesauce Milk
9 Soft shell Tacos with cheese & lettuce Pineapple Milk	10 Chicken & Cheese Sandwich Chicken Noodle Soup/CookedCarrots Applesauce/Milk	11 Cheese Tortellini Green Beans Peaches Milk	12 Egg & Cheese Omelet ½ Slice of Bread Mixed Vegetables Tropical Fruit Milk	13 Chicken Nuggets Mashed Potatoes Cooked Broccoli Apples/Fruit Cup-BT Milk
16 Meatball Sandwich Green Beans Orange Slices Milk	17 Sun Butter & Jelly Sandwich Tomato Soup Peas/Pineapple Milk	18 Macaroni & Cheese Pears Carrots & Peas Milk	19 Chicken Patty on a Bun Regular Fries Cucumbers Applesauce Milk	20 Pizza Cucumbers Tropical Fruit Milk
23 Sloppy Joe on a Bun Sweet Potato Fries Carrots & Peas Pineapple Milk	24 Turkey & Cheese Sandwich Chicken Noodle Soup Peas/Pears Milk	25 Cheese Ravioli w/Red Sauce Green Beans Peaches Milk	26 Fish Filet Mashed Potatoes Cooked Carrots Applesauce Milk	27 Hotdog on a Bun Waffle Fries Peas Banana Milk
30 French Toast Breakfast Sausage Sweet Peppers Pears Milk	31 Ham & Cheese Sandwich Tomato Soup Cooked Broccoli Pineapple/Milk			

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30 French Toast Breakfast Sausage Sweet Peppers Pears Milk	31 Ham & Cheese Sandwich Tomato Soup Cooked Broccoli Pineapple/Milk			

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March 2026 Snack Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Ritz Crackers Fruit Snack/Fruit Cup	3 Veggie Straws Cheese Slice	4 Chex Mix Milk	5 Go-gurt (yogurt) Vanilla Wafers	6 Animal Crackers Milk
9 Apples Sun Butter (Applesauce-BigTop)	10 Cucumbers Ranch	11 Goldfish Milk	12 Saltine Crackers String Cheese	13 Pudding Cup Graham Crackers
16 Veggie Straws Cheese Slice	17 Animal Crackers Milk	18 Ritz Crackers Fruit Snack/Fruit Cup	19 Go-gurt (yogurt) Vanilla Wafers	20 Pretzel Sticks String Cheese
23 Pudding Cup Wheat Cracker	24 Puffed Popcorn Cheese Slice	25 Graham Crackers Milk	26 Cheese Crackers Cucumbers	27 Tortilla Chips Salsa
30 Ritz Crackers Fruit Snack/Fruit Cup	31 Veggie Straws Cheese Slice			

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23 Pudding Cup Wheat Cracker	24 Puffed Popcorn Cheese Slice	25 Graham Crackers Milk	26 Cheese Crackers Cucumbers	27 Tortilla Chips Salsa
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